

## General Problem Solving Guide

List given information, define variables, sketch picture:

Name:

Lab Time:

Date:

Test Code:

Problem #:

KFy

PROBLEM 22

$$V_i = 40 \text{ m/s}$$

③



$$m = 0.149 \text{ kg}$$

$$\Delta t = 0.031 \text{ second}$$

(to stop)



CATCHER'S MITT

{  
1D  
Coordinate } →  
System + Direction

$$V_f = 0 \text{ m/s}$$

Simplify question, list target quantity:

②  $F_{\text{AVERAGE}} = ?$  Force to stop the ball.  
Force you feel will be  $-F_{\text{ava}}$ .

List all related quantitative relationships:

Use Impulse = Change in momentum

$$\begin{aligned} \textcircled{2} \quad \vec{F}\Delta t &= \vec{\Delta p} \\ &\vec{p} = m\vec{v} \end{aligned}$$

Assume constant force

Outline approach, sketch diagrams if needed (or sketch next to pictures above):

Find  $\vec{\Delta p}$

② Find  $\vec{F}$  by dividing  $\vec{\Delta p}$  by  $\Delta t$

Check .

Obtain a general solution:

$$\Delta \vec{P} = \vec{P}_f - \vec{P}_i$$

$$V_f = 0 \text{ m/s}$$

$$\Delta \vec{P} = -mv$$

$$\vec{F}_{\text{avg}} = \frac{\Delta \vec{P}}{\Delta t} = -\frac{mv}{\Delta t}$$

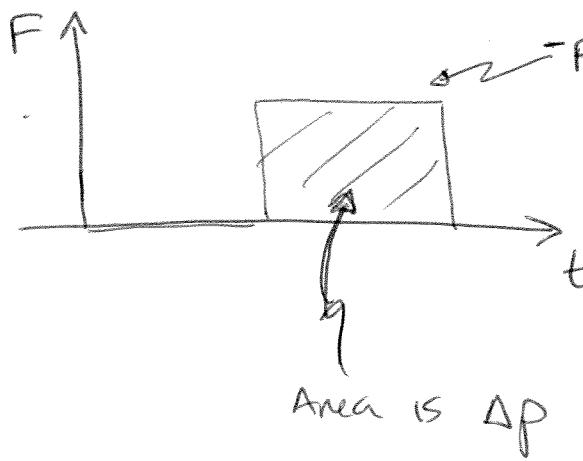
Check Units:

$$\textcircled{1} \quad N = \frac{\text{kg m/s}}{\text{s}} = \frac{\text{kg m}}{\text{s}^2} \quad \checkmark$$

Check Limiting Cases:

$v \uparrow$	$F \uparrow$	$\checkmark$
$\Delta t \downarrow$	$F \uparrow$	$\checkmark$
$m \uparrow$	$F \uparrow$	$\checkmark$

Assume Force is constant



Obtain a numeric solution:  
(i.e. plug in the numbers)

A:  $F_{\text{avg}} = -192 \text{ N}$

B:  $F_{\text{avg}} = -177 \text{ N}$

C:  $F_{\text{avg}} = -197 \text{ N}$

Force you  
feel would  
be opposite  
(in + direction)

Why is solution reasonable? Explain.

units check

limiting cases check

force is reasonable - you  
would feel this, but it  
wouldn't be too large  
and knock you over

Direction is correct (against  
ball's direction of motion)

A:  $V_i = 40.0 \text{ m/s}$   
 $\Delta t = 0.031 \text{ s}$

B:  $V_i = 44.0 \text{ m/s}$   
 $\Delta t = 0.037 \text{ s}$

C:  $V_i = 33.0 \text{ m/s}$   
 $\Delta t = 0.025 \text{ s}$